

B.Ed. Semester-IV Examination 2017

Course : BED – 146.2

Guidance and Counselling

Time : 2 Hours

Full Marks : 35

Questions are of value as indicated in the margin

Group - A

Answer any one question :

1×10=10

1. Distinguish between the concept of guidance and counselling? Why vocational guidance is necessary for secondary and higher secondary students? 3+7=10
2. What is psychological test? Briefly describe different types of psychological tests generally used for collecting data. 2+8=10
3. Differentiate between group guidance and group counselling. Elucidate different approaches of counselling in detail. 3+7=10

Group – B

4. Answer any three questions:

3×5=15

- (a) Briefly describe any two types of non-testing techniques in counselling.
- (b) Write about adjustment mechanisms.
- (c) Find out the needs for guidance services in school.
- (d) Mention the techniques of stress management.
- (e) Write about different types of interviews in counselling.

Group – C

5. Attempt all the questions:

5×2=10

- (a) Why cumulative records are important for guidance in school?
 - (b) What is conflict resolution?
 - (c) What are the criteria for maintaining good mental health?
 - (d) What are psychometric and impressionistic testing techniques in counselling?
 - (e) Differentiate between the concepts of counselling and psychotherapy.
-